

Support me, so I can support my children

Whānau want the best for their tamariki and understand the importance of the first phases of development for their children.

Often support and service is focused on tamariki, and programmes are focused on parenting but to be able to do the best they can for their tamariki, some parents have emphasised the need for support to heal themselves. This includes healing from past and intergenerational trauma such as childhood trauma and colonisation.

Support could be in the form of positive peer relationships, and safe spaces to go with tamariki; these are good avenues to begin to build trust and confidence.

Whānau have also talked about self identity, connection and confidence as being important in their ability to nurture their tamariki and manage the demands of life.

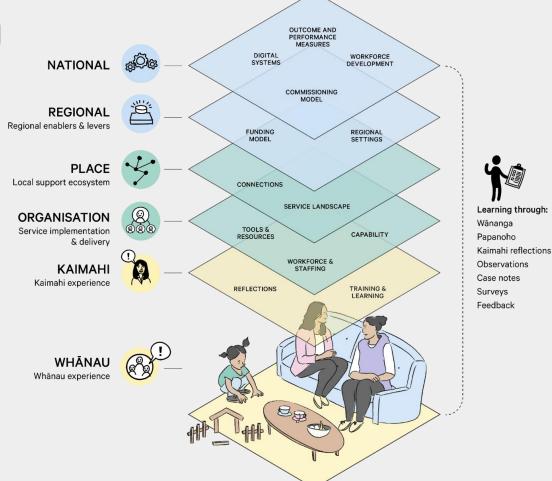


TAMARIKI WELLBEING / The Southern Initiative

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Levels of learning

To understand how government can enable local services and supports



Learning and tracking

Across each of the Wāhi Ako, we focus on:



Outcomes for Whānau



System Changes



Strategic Learning

Together these form our emerging practice-based evidence.

