

## **What works, and for whom? Evidence based social work practice in Aotearoa**

Presenter: Kate Doswell

This workshop will provide an overview of the implementation of evidence based practice within Aotearoa.

It will use frontline experience of model implementation to provide an interactive guide to practice. Together we will critically reflect on five of the models which are listed in the report *Investing in New Zealand's Children and Their Families* as leading examples of international best practice in child protection and youth justice interventions. These are Triple P, Functional Family Therapy (FFT), Multi Systemic Therapy (MST), Treatment Foster Care Oregon (TFCO) and Teaching Families Model (TFM).

The workshop will provide the opportunity to explore the models and develop a broad understanding of what it is like to use them on a day to day basis. It will explore some of the myths that surround evidence based practice and will focus on the positive features and challenges of implementation.

Topics covered will include:

- building multiple layers of engagement and connection
- the importance of building partnership and collaboration between agencies in order to highlight key steps for implementation for Aotearoa whanau.
- negotiating shared agreed outcomes amongst agencies.

This workshop is relevant for practitioners, team managers, clinical leads, planner and funders, service providers, consumers and those who have a curiosity about evidence base practice for people within the social work milieu.

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*Kate Doswell is a registered social worker and has practiced in Australia, USA and the UK as well as New Zealand. For the last 7 years she has worked as a practitioner, supervisor and programme manager in Multi Systemic Therapy and Functional Family Therapy models of practice. Kate is currently lecturing on the Bachelor of Social Practice at Unitec and working for Waitemata DHB in a quality assurance role for community based drug and alcohol services.*